

HUMAN GROWTH AND SPIRITUAL JOURNEY
KNOX COLLEGE
KNP1443H

Fall 2016 INSTRUCTOR: **Andrew R. Irvine**
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Tuesday: 9 – 11 m

COURSE DESCRIPTION:

This course will explore various theories of human development, stages of human growth, and lifespan spiritual journey in correlation to human growth, and will discuss implications for Christian Ministry. We will reflect our own growth and journey along with theories of human growth and spiritual journey.

OBJECTIVES: At the end of the course we will be able to

1. Demonstrate a basic knowledge of theories of human growth and spiritual journey
 - Identify major theories of human growth including faith growth.
 - Describe characteristics of stages of human growth in terms of lifespan theory.
 - Identify spiritual journey in the human lifespan.
2. Demonstrate ability to gather, select, and present information from readings appropriate to task assigned
3. Demonstrate ability and willingness to learn and understand oneself and others who have grown up in different culture.
 - Identify the complexities of culture involved in personal growth and spiritual journey
 - Identify one's own cultural context influenced on one's own growth
 - Apply theories of human growth to understanding others grown in different cultures
4. Demonstrate ability and willingness to assess oneself and act to improve
 - Identify theories that accurately describe one's own growth
 - Identify issues involved in one's growth
 - Show a willingness to act improve oneself
5. Demonstrate conscientiousness and willingness to take personal responsibility for learning, honesty and personal integrity in leadership
 - Show willingness and personal integrity in leadership
 - Show respect others who are different from oneself
 - Show willingness to listen in class discussions and small groups
 - Discuss one's thought or ideas honestly with others
 - Demonstrate ability to maintain confidentiality in the best interest of others

CRPO ENTRY- TO -PRACTICE COMPETIENCES:

- 1 Develop a knowledge of human development across the life span including spiritual, moral, emotional. Cognitive and physical growth (1.1)
- 2 An awareness of human development both historically and within current theory (1.2 a)
- 3 Engage ways and means by which to interact with persons across the lifespan (1.5a, 4.5)
- 4 Develop an awareness of cultural and social differences within human development (1.5)
- 5 Aware of the place of the learners individual development and ‘self’ in developing and engaging relationships with others (1.4, 2.2)
- 6 Develop and awareness of the place of one’s self in the practice of ministry and to develop professional skills the develop a safe environment in which to engage others (2.1, 2.2, 3.3)

COURSE REQUIREMENTS AND EVALUATIVE CRITERIA:

Grade scale and grade expectations are contained in the TST Basic Degree Handbook.

1. Reading, researching and watching before class: There will be assigned readings on each week from the text book and readings on Blackboard.
2. **My Unfolding Story:** This is an assignment in the first week. Looking back on your past life, and remember the important changes that occurred in your life, write “My Unfolding Story” following your lifespan from the early childhood to now, remembering what had happened in yourself in terms of human growth and spiritual journey. Length of about 4-5 pages. Please bring it to the September 29th class. **Evaluative Criteria:** Well-described, honestly reflected and inclusive according to life changes (10 %)
3. **A Presentation:** Students will be placed in groups. Each group will be asked to lead a class section concerning a period of human growth across the lifespan. Consulting with the professor is essential to avoid duplication. Each group may choose certain period of development, such as early childhood, young adult, seniors, etc. **Evaluative Criteria:** well prepared and focused, comprehensive, informative, accurate, insightful, clear, good approach and keeping time limit 45 minutes. (20 %)
4. **Two critical reflection papers:** each 2-3 pages. Write two critical reflection papers during the course, accessing and reflecting critically on “my unfolding life story” using what you read and learned from the classes and discussed in the group. Also try to appropriate the theory or theories you are using to reflect your own life. **Evaluative Criteria:** depth of reflection and insight, correlation between theories and my story, and completeness (15 % each) (Due: Oct.15 for the first one, Nov. 26 for the second one)

5. **An integrative research paper in lieu of a final exam:** Conduct an interview with someone in your congregation or community of faith. Using the results of the interview write an 8 - 10 page integrative paper based on the interview. The paper should demonstrate development theories, life cycle dynamics and their application to spiritual journey. The final part of the paper will suggest implications for Christian Ministry. Interview questions will be developed in Class. (30%) Due December 6th

6. **Active participation:** In the first class we will form groups; these groups will reflect the variety of ages and cultures in the class. Much of class time will be spent in discussion in groups, sharing “my unfolding story” and criticizing theories of human growth, and supporting each other for the spiritual journey. Sometimes you may need to discuss using portal group discussion. It is important that confidentiality be maintained. Respect for confidentiality and privacy is required. Also, active and constructive participation is expected. Please plan to spend 2 or 3 hours in class and 6-7 hours in preparation for class per week.
Evaluative Criteria: active participation in class as well as in group work, constructive comments and questions from readings on presentations, insights, respect for others. Group members will be asked to evaluate honestly other group members at the last class (10 %)

7. **Optional tutorial:** For those who have not taken an undergraduate course in Human Development or Psychology, if there is need, a tutorial will be presented. The time and location of the tutorial will be decided in the first class.

COURSE POLICIES

Policies for courses are contained in the TST Basic Degree Handbook and the Knox Student Handbook.

In particular notes:

Cell Phones: Cell phones can be disruptive to the classroom experience. Students, therefore, should turn off or set their phones to silent and refrain from using them while in class. Cell phone use is permitted only for medical professionals who are on call and for students who need to be in constant contact with ill family members or minors. Students who meet either of these requirements should inform the professor prior to class.

Use of Technology: Laptops and other computing devices may be used in the classroom for note taking purposes only. The use of the internet is not permitted while class is in session unless it is part of a specific class activity. Students wishing to text message, search for images, fact check etc. should do so during the break or outside of class. Much of the learning that goes on in the classroom is founded upon mutual disclosure that takes place between the instructor and the student and between students. Parties outside of that learning community have not committed themselves to this relationship of trust. For this and other reasons, permission to record lectures in audio format is granted for use by registered students only. Video recording is not permitted

without the written permission of the instructor. Recordings and notes of class lectures may not be electronically reproduced, posted or distributed without the written permission of the instructor.

Late Policy: 4 points deducted per week late.

Email assignments: Papers and assignments are not accepted by email in principle.

BOOKS REQUIRED:

Main Texts: (purchase and read)

Feldmeier, Peter, *The Developing Christian*, New York: Paulist Press, 2007

Erikson, Erik H, *The Life Cycle Complete*, (Extended Version), New York, New York: W.W Norton & Company Ltd, 1998

(Students can purchase the text book at Crux Book store.)

Other readings will be provided through portal page.

Important books:

Crain, William. *Theories of Development*, NJ: Prentice-Hall, 2005.

Dacey, John S. & Travers, John F. *Human Development Across the Lifespan*. New York: McGraw Hill, 2001.

Kail, Robert V. , Cavanaugh, John C. and Ateah, Christine A. *Human Development: A Life-Span View*, Nelson Thomson, 2006

Loder, James E. *The Logic of the Spirit*. San Francisco: Jossey-Bass Publishers, 1998

Newman, Barbara M. & Newman, Philip R. *Theories of Human Development*, New Jersey: Mahwah, 2007

Thomas, R. Murray. *Recent Theories of Human Development*, London: Sage Publications, Inc., 2001

CLASS SCHEDULE

WEEK 1: Sept.13 Let's Begin!

To Know Who We Are

“My Unfolding Story”

Thinking about systems theory!

Signing for a presentation

Forming Groups

WEEK 2: Sept. 20

Introduction to Human Growth and Spiritual Journey

Video Tape: Theories of Human Growth

Reading: Erikson, Erik H, *The Life Cycle Complete*, (Extended Version)
Kail, *Human Development*, Ch.1.2 Developmental Theories, pp.10-23
Feldmeier, *The Developing Christian*, Ch. 1, pp.15-37

WEEK 3: Sept. 27

Freud's Psychoanalytic Theory
Erikson's Psychosocial Theory

Readings: Crain, *Theories of Development*, 11.pp. 244- 270
Crain, *Theories of Development*, 12. pp. 271- 296
Feldmeier, *The Developing Christian*, Ch. 2. pp. 56-62

WEEK 4: Oct 4

Piaget's Cognitive Developmental Theory
Kohlberg's Moral Development

Readings: Crain, *Theories of Development*, 6. pp,110 – 147
Feldmeier, *The Developing Christian*, Ch. 2. pp. 38-50

WEEK 5: Oct. 11

Models of Spiritual Development
Fowler's Stages of Faith

Readings: Feldmeier, *The Developing Christian*, Ch. 3. pp. 63-84
Fowler, "Faith and the Structuring of Meaning," pp. 15-42.

WEEK 6: Oct. 18

Growth of Early Childhood and Spiritual Journey
When Development is delayed – Implications for the church
Guest Lecturer Suzanne Irvine -- Teacher of the Autistic Child

Readings: Feldmeier, *The Developing Christian*, Ch. 4. pp. 90-95
Kail, *Human Development*, Ch. 4.1-3. Beginnings, pp.140-159
Ch. 6.2. Independence and Emotions, pp.207-209
Ch. 6.3. Self-Awareness During Preschool Years, pp.209-211
Ch. 6.4. Interacting with Others, pp. 212-221
Ch. 6.5. Gender Roles and Gender Identity, pp.221-227

WEEK 7: Oct. 24 - 28 Reading Week

WEEK 8: Nov 1
Growth of Childhood and Spiritual Journey
Children and the Church

Readings: Feldmeier, *The Developing Christian*, Ch. 4. pp. 96-108
Kail, *Human Development*, Ch. 8.1. Family Relationships, pp. 278-285
Ch. 8.2. Peers, pp.285-293

WEEK 9: Nov. 8
Growth of Adolescence and Spiritual Journey

Readings: Feldmeier, *The Developing Christian*, Ch. 5. pp. 109-126
Kail, *Human Development*, Ch. 9.1. Physical Changes, pp.312-319
Ch. 10.1. Identity and Self-Esteem, pp.346-359

WEEK 10: Nov. 15
Growth of Young Adult and Spiritual Journey

Readings: Feldmeier, *The Developing Christian*, Ch. 6. pp. 127-152, Ch. 7. pp.153-178
Kail, *Human Development*, Ch. 11.1. When does Adulthood Begin? pp. 382-385.
Ch.11.4. Who Do You Want to Be? pp. 408-412
Ch.12.1. Relationships, pp.420-428

WEEK 11: Nov. 22
Jung and Penfield
Growth of Middle Adult and Spiritual Journey

Readings: Feldmeier, *The Developing Christian*, Ch. 8. pp. 179-206
Kail, *Human Development*, Ch.13.2. Gender, Ethnicity and Discrimination
Issues, pp.461-468
Ch.14.1. Physical Changes and Health, pp.488-99
Ch.14.3. Personality, pp.508-513

WEEK 12: Nov 29

Growth of Old adult and Spiritual Journey

Reading: Kail, *Human Development*, Ch. 15.1. What are Older Adults Like? Pp.530-36
Ch. 16.1. Theories of Psychosocial Aging, pp.572-75
Ch. 16.2. Personality, Social Cognition and Spirituality, pp. 575-581
Feldmeier, *The Developing Christian*, Ch. 9. pp. 207-231.
Patton, “Jungian Spirituality: A Developmental Context for Late-Life
Growth” pp.304-308

WEEK 13: Dec. 6

Life Cycle

Group Reflection with “My Unfolding Story”

Closing

Reading: Feldmeier, *The Developing Christian*, Ch. 10. pp. 232-250

Selected Bibliography for Human Growth and Spiritual Journey

- Belenky, Mary Field; Clinchy, Blythe McVicker; Glodberger, Nancy Rule; and Tarule, Jill Mattuck. *Women's Ways of Knowing*. New York: Basic Books, 1986.
- Conn, Joann Wolski, ed. *Women's Spirituality*(2nd ed). New York: Paulist Press, 1996.
- Craig, Grace J. *Human Development*. NJ: Prentice-Hall, 1998
- Crain, William. *Theories of Development*, NJ: Prentice-Hall, 1995.
- Dacey, John S. & Travers, John F. *Human Development Across the Lifespan*. New York: McGraw Hill, 2001.
- Downey, Michael, *Understanding Christian Spirituality*, New York: Paulist Press, 1997.
- Droege, Thomas. A. *Faith Passages and Patterns*. Philadelphia: Fortress Press, 1983.
- Dykstra, Craig, and Parks, Sharon. *Faith Development and Fowler*. Birmingham, Alabama: Religious Education Press, 1986.
- Erikson, Erik H. *Childhood and society*, New York: W.W. Norton & Company, 1963
_____. *The Life Cycle Completed*, New York: W.W. Norton, 1997
- Feldmeier, Peter, *The Developing Christian*, New York: Paulist Press, 2007
- Fischer, Kathleen, *Autumn Gospel: Women in the Second half of Life*, New York: Paulist Press, 1995.
- Ford, Iris. *Life Spirals: The Faith Journey*. Burlington: Welch Publishing, 1990.
- Forsyth, James. *Freud, Jung and Christianity*. Ottawa: University of Ottawa press, 1989
- Fowler, James W. *Stages of Faith*. San Francisco: Harper & Row, 1995.
- Freiberg, Karen L. *Human Development: A Life-span Approach*. Boston: Jones and Bartlett Publishers, 1987.
- Gardiner, Harry W. et al. *Lives Across Cultures: Cross-Cultural Human Development*. Allyn and Bacon, 1997.
- Gilligan, Carol. *In a Different Voice*. Cambridge: Harvard University Press, 1982.
- Greoschel, Benedict J. *Spiritual Passages: The Psychology of Spiritual Development*. New York: Crossroads, 1988.
- Gromly, Anne V. *Lifespan Human Development*. International Thomson Publishing, 1996.
- Kail, Robert V. & Cavanaugh, John C. *Human Development: A Lifespan View*. Wadsworth Pub. Co. 2006.
- MacKinlay, E. *Spiritual Growth and Care in the Fourth age of Life*, London: Jessica Kingsley Pub. 2006
- Loder, James E. *The Logic of the Spirit: Human Development in Theological Perspective*. Newman, Barbara M. & Newman, Philip R. *Theories of Human Development*, New Jersey: Mahwah, 2007
- Packer, Martin J. and Tappen, Mark B. *Cultural and Critical Perspectives on Human Development*. State University of New York, 2001.
- Paludi, Michele A. *Human Development in Multicultural Contexts*. NJ: Prentice Hall, 2001.
- Papalia, Diane. *Human Development*. New York: McGraw-Hill, 1981.
- Peck, M. Scott. *The road less Traveled and Beyond: Spiritual growth in an age of anxiety*. Simon & Schuster, 1997

Patton, Julie, "Jungian Spirituality: A Developmental Context for Late-Life Growth" in *American Journal of Hospice and Palliative Medicine*, Vol.23, 2006, pp.304-308

Ratcliff, Donald. *Children's Spirituality: Christian Perspectives, research, and applications*. Cascade Books, 2004

Slee, Nicola. *Women's Faith Development*. Aldershot: Ashgate Publishing Ltd., 2004

Thomas, R. Murray. *Recent Theories of Human Development*, London: Sage Publications, Inc., 2001

Weaver, Andrew J. *Reflections on Aging and Spiritual Growth*, Abingdon Press, 1998

Wesley, John, et.al. *Culture and Human Development*. 1994

Whitehead, Evelyn E., and Whitehead, James D. *Christian Life Patterns*. New York: Doubleday, 1979. (Image books, 1982).

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