

Requirements for the MPS, SCP Cert. by category:

1. Foundations for Spiritually Integrated Psychotherapeutic Practice:

(1 course/credit, 36 hours):

Options include:

- KNP1521H Foundational Counselling and Spiritual Care Skills for Helping Professionals (Schmidt) – 36 CH

OR

- EMP1741H Introduction to Counselling and Spiritual Care Practice (Couture) – 36 CH

2. Human Development and Theories of Growth:

(1 course/credit, 24-36 hours):

Options include:

- EMP2535H Human Growth and Development across the Life Span (Toneatto) — 36 CH

OR

- KNP1443H Human Growth and the Spiritual Journey (Acolaste) – 24 CH

3. Professional Ethics:

(1 course/credit, 36 hours):

Options include:

- RGP3564H Professional Ethics in Counselling and Spiritual Care (Buhagar) – 36 CH

OR

- EMP3521H Professional Ethics Spiritual Care & Psycho-spiritual Therapy (McCarroll) – 36 CH

4. Mental Disorders/Psychopathologies/Assessment:

1 course/credit, 36 hours:

Options include:

- KNP3511H Psycho-Spiritual Assessment and Therapy: Integrating Theory and Practice (Edmison) – 36 CH

OR

- KNP3510H Psycho-Spiritual Distress, Crises, and Therapeutic Directions: Integrating Theory and Practice (Edmison) – 36 CH

OR

- EMP2xxxH Psychopathology in Mental Health (Isgandarova) – 36 CH

5. Theories of Psychotherapeutic Practice:

3 courses/credits, 84-108 hours:

Required 1 core course on Psychotherapeutic theories

- KNP3521H Psychotherapeutic Theories for Spiritual Care and Counselling (Schmidt) – 36 CH

AND

Choose 2 courses/credits from any of the following:

Systems Theories

- RGP3565H Contemporary Family Therapy and Spiritual Care (Buhagar) – 36 CH
- EMP3561H Intercultural Counselling & Psycho-Spiritual Therapy: A Systems Perspective (McCarroll) – 36 CH
- KNP2548H Self, Family, Cultures: Spiritual Care in Context (Acolaste) – 24 CH
- EMP3546H Theories and Methods in Psycho-spiritual Therapy and Marriage and Family Therapy (Beech) – 30 CH

Psychodynamic

- EMP3538H Dreams: Psycho-Spiritual Therapy and the Symbolic Language of the Soul (Smith-Eivemark) – 30 CH
- TRP3523H Foundations of Psychodynamic Therapy (Hewitt) – 24 CH

Post-Modern Constructivist Therapies

- RGP3561H Postmodern Counselling & Spiritual Care (Buhagar) – 36 CH
- EMP35xxH Narrative Therapy (Couture) – 36 CH (hybrid online/in class)
- RGP3535H Integrative Approaches to Trauma in Spiritual Care & Psychotherapy (Buhagar)– 36 CH

Non-Western Psychotherapies

- EMP2015H Buddhism and Psychotherapy (Toneatto) – 36 CH
- EMP2537H Islamic Psychotherapy & Spiritual Care (Isgandarova) – 36 CH
- EMP2538H Abhidahmma Buddhist Psychology (Toneatto) – 36 CH

6. Practicum: Professional Functioning, Therapeutic Process, Self awareness, Safe and Effective Use of Self

2 courses/4 credits, 144 hours:

Required:

- Psycho-spiritual Care & Therapy Practicum (TSP3551Y – CPE Basic 1) – 72 CH

AND

- Psycho-spiritual Care & Therapy Practicum (TSP3552Y – CPE Basic 2) - 72 CH
- Practicum – with permission of the faculty advisor – 72 CH (beginning in 2019)

7. Required Capstone Course - 1 course/credit, 36 hours:

- EMP3541H Integrating Theory and Practice – Spiritual care & Psycho-Spiritual Therapy Capstone Course (McCarroll) – 36CH

8. Special Topics in Spiritual Care and Psychotherapy - 1 course/credit, 24-36 hours:

Options include 1 of the following:

- EMP3559H Spiritual Care with Dying and Grieving Persons (Simmonds) – 30 CH
- WYP2528H Pastoral Psychology (Malcolm) – 36 CH

COURSE LIST UPDATED SUMMER 2018

- RGP3251H Psychotherapy and Spiritual Direction (Schner) – 24 CH
- EMP3514H Working with Couples in Marriage and Family Therapy (Beech) – 30 CH
- EMP3606H Global Perspectives Violence against Women (Couture) — 24 CH
- EMP2010H Buddhist Mindfulness Approaches to Mental Health (Monteiro) – 24 CH
- EMP2520H Mindfulness and Counselling in the Community (Wong) — 36 – CH
- RGP3550H Psychology and Religion (Schner) – 24 CH
- RGP3554H Psychology of Faith Development (Schner) – 24 CH
- RGP5xxxH Religion & Mental Disorder (Schner) – 24 CH
- SAP2261H Psychology and Spirituality (Marrocco) – 24 CH
- EMP3560H Suffering & Hope: Perspectives on SCP (McCarroll) – 36 CH
- EMP3548H Historical Contexts of Counselling & Psychotherapy: Care & Cure of Souls in the Christian Tradition (Couture) – 24 CH
- TSP3357Y Psycho-spiritual Care & Therapy Practicum – CPE Basic 3 – 72 CH